Matching Algorithms for Blood Donation

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Managing perishable inventory, such as blood stock awaiting use by patients in need, has been a topic of research for decades. This has been investigated across several disciplines: medical and social scientists have investigated who donates blood, how frequently, and why; management science researchers have long studied the blood supply chain from a logistical perspective. Yet global demand for blood still far exceeds supply, and unmet need is greatest in low- and middle-income countries. Both academics and policy experts suggest that large-scale coordination is necessary to alleviate demand for donor blood. Using the recentlydeployed Facebook Blood Donation tool, we conduct the first large-scale algorithmic matching of blood donors with donation opportunities. In both simulations and real experiments we match potential donors with opportunities, guided by a machine learning model trained on prior observations of donor behavior. While measuring actual donation rates remains a challenge, we measure donor action (i.e., calling a blood bank or making an appointment) as a proxy for actual donation. Simulations suggest that even a simple matching strategy can increase donor action rate by 10-15%; a pilot experiment with real donors finds a slightly smaller increase of roughly 5%. While overall action rates remain low, even this modest increase among donors in a global network corresponds to *many thousands* of more potential donors taking action toward donation. Further, observing donor action on a social network can shed light onto donor behavior and response to incentives. Our initial findings align with several observations made in the medical and social science literature regarding donor behavior.

$\label{eq:concepts: CCS Concepts: • Applied computing \rightarrow Life and medical sciences; • Theory of computation \rightarrow Theory and algorithms for application domains.$

Additional Key Words and Phrases: blood donation; matching; online algorithms

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1 OVERVIEW

Blood is a scarce resource; its donation saves the lives of those in need. Countries approach blood donation in different ways, running the gamut from privately-run to state-run programs, with or without monetary compensation, and with varying degrees of public campaigns for action. As

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such, blood donation rates differ across different countries; for example, approximately 3.2%, 1.5%, 0.8%, and 0.5% of the population donates in high-, upper-middle-, lower-middle-, and low-income countries, with varying rates of voluntary versus paid donors [5]. Yet global demand for blood still far exceeds supply, and unmet need is greatest in low- and middle-income countries [4]. Thus, experts suggest that the blood supply chain be managed at a national level [5].

Optimization-based approaches to management of the blood supply chain have a rich history in the operations research and healthcare management literature. Yet, most optimization-based research in the initial *collection* stage of the blood supply chain has focused on *prediction* of blood supply (e.g., during a crisis). In this work, we instead focus on the *creation* and *coordination* of blood supply via automated social prompts, subject to the preferences and constraints of potential donors and the overall donation system. That is, we focus on *donor recruitment*.

We propose a personalized donor recruitment strategy using the recently developed Facebook Blood Donation tool¹, which connects millions of potential blood donors with opportunities to donate, in several countries around the world. Using this tool, donors can opt-in to receive notifications about nearby donation opportunities. Our strategy aims to notify donors about opportunities they are *more likely* to take action on. We frame this as an online matching problem [2]–a well-studied paradigm which has been applied to many settings including online advertising [3] and rideshare services [1]. We demonstrate, both in computational simulations and a real A/B test, that even a simple matching policy can substantially increase the likelihood of donor action.

The potential impact of this work is considerable, as even a small increase in donor action rate among Facebook Blood Donation tool users corresponds to many thousand of additional donors taking action toward donation. Before implementing these policies at a large scale, it is important to understand their potential impacts on both blood donors and recipients. In this study impact on donors is minimal; the only difference between notification policies we test is in *which donation opportunity* a donor is notified about. However our simulation results indicate that certain blood *recipients* may be impacted by even a small change in notification policy. To mitigate these impacts, we propose a utilitarian-based notion of equity, and a corresponding randomized notification policy. However more work is needed to ensure equitable treatment of recipients before deploying this automated matching system at a large scale.

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¹https://socialgood.fb.com/health/blood-donations/